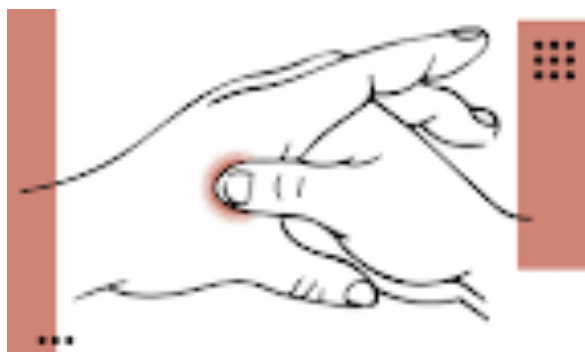
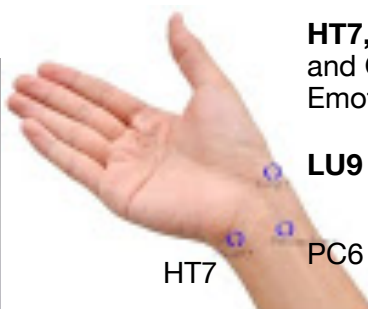


Acupuncture Points for Emergency Field Medicine:



LI4 - Used for Pain anywhere in the body, regulates the head and face. Headache and Wind-heat (Heat Exhaustion release) Anxiety, and calms the Spirit.



HT7, PC6 and LU9 - Heart Regulation, Nausea and Opens the Lungs. HT7 calms the Mind, Emotions, Stress, Palpitations, Insomnia.

LU9 - Heat from the Chest, Asthma, SOB.



PC6 - Number One Point for Nausea, also Opens the Chest, relaxes the muscles around the heart.



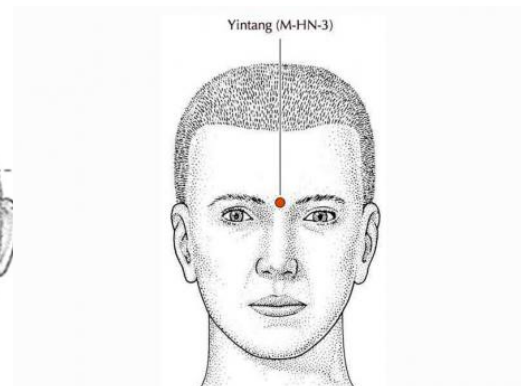
Anmian - for Insomnia, Anxiety, Sleep Well Pt.

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