“Blood is the mother of Qi, and Qi is the commander of Blood”

The Concept of Blood (Xue) and Qi


Blood (xue) points to qualities of nourishment, receptivity, softness, relaxation, ease, and being.

The essence "Jing" defines the personality of a human being.

Jing is charged by food. From food in turn, it becomes again life energy Qi, which, directed by the kidneys, supplies the whole body, activates and moves. Essence defines our growth, reproduction, development and aging.

Extra Special Daoist Qigong Practices @ Club K
Tuesday Dec 18 - 5:30-6:30pm
Thursday Dec 20 - noon-1pm

$5 suggested donation  All are welcome.

Candace Gossen, PhD is currently finishing a TCM program in Denver, Colo Summer 2019, and teaches Daoist Qigong in her healing practice. For more information and to register: info@blackcoyotemedicine.org

To register:
Advanced Registration Requested- email Candace info@blackcoyotemedicine.org

Location:
Club Kilimanjaro
33 E Subway St., Bisbee, Az

Sierra Vista Food Co-Op
96 S. Carmichael Ave
Sierra Vista, Az

“Blood is linked to the senses. Blood is the basis for a quiet spirit.”

90 min Lecture/Practice Includes a TCM booklet:

taught by Dr. Candace Gossen of BlackCoyote Medicine

TWO SPECIAL PRACTICES:

SIERRA VISTA FOOD CO-OP
DEC 19, WED.
3-4:30PM

AND

CLUB K
BISBEE
DEC 21, FRIDAY
9-10:30AM

$15 (Cash - Day Of, or PayPal before Dec. 15)